

Food Services Director: Jennifer Wilinsky  
wilinskyj@readingsd.org  
Please check the District Website, Food Services Tab to learn more.

Sign Up for [Schoolcafe.com](http://Schoolcafe.com) to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



## Reading School District High School Lunch Menu December 2023



**Meal Prices**  
Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00

Daily Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Alternate Entrees of the week</b> <b>Monday</b> - Mickey's Cheese Pizza, Bean & Cheese Burrito, Italian Hoagie, Chef Salad <b>Tuesday</b> - Pepperoni Pizza, Hamburger, Ham & Cheese Sandwich, Crispy Chicken Salad <b>Wednesday</b> - Buffalo Chicken Pizza, Chicken Patty Sandwich, Turkey & Cheese Wrap, Cobb Salad <b>Thursday</b> - Meat Lover's Pizza, Egg, Turkey Bacon & Cheese on Croissant, Taco Salad <b>Friday</b> - 4 Cheese Pizza, Grilled Chicken Sandwich, Tuna Salad Sandwich, Grilled Chicken Salad <b>** Alternate Entree option will be served with fruit and vegetable of the day.**</b>					<b>1-Dec</b>
					<b>Pork Carnitas or BBQ Pulled Turkey on Flatbread/Tortilla Chips</b> Sweet Potatoe Fries Cole Slaw Pineapples Fresh Fruit
	<b>4-Dec</b>	<b>5-Dec</b>	<b>6-Dec</b>	<b>7-Dec</b>	<b>8-Dec</b>
	<b>Artisan Chicken Patty Sandwich (Reg. or Spicy)</b> Green Beans Cherry Tomatoes Peaches Fresh Fruit	<b>Brunch for Lunch: French Toast Sticks w/ Turkey Sausage</b> Hash Brown Rounds Carrot & Celery Sticks Craisins Fresh Fruit	<b>Beef &amp; Cheese Burrito</b> Black Beans Pineapples Fresh Fruit/Fresh Veggies WG Churro	<b>Burger Bar: Hamburger w/ or w/o Cheese or Veggie Patty on Bun</b> Smile Fries Baked Beans Pears/Fresh Fruit	<b>Chicken Alfredo Pasta w/ Texas Toast</b> Steamed Broccoli Salad Greens w/Dressing Fruit Cocktail Fresh Fruit
<b>Offered Daily:</b> <b>PB&amp;J Meals, Yogurt Meals, Salads, and Sandwiches</b>  <b>Fruit &amp; Vegetable Options*</b> Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Grapes Strawberries <b>** Fruit &amp; Vegetable Provided Depend On Availability</b>	<b>11-Dec</b>	<b>12-Dec</b>	<b>13-Dec</b>	<b>14-Dec</b>	<b>15-Dec</b>
	<b>Popcorn Chicken Bowl w/ Cornbread</b> Mashed Potatoes Corn Apples Fresh Fruit	<b>Beef Hot Dog w/Toppings on Bun</b> Cole Slaw Waffle Fries Peaches Fresh Fruit	<b>Mac &amp; Cheese w/ Breadstick</b> Steamed Peas Fresh Veggie Sticks Diced Pears Fresh Fruit	<b>Chicken Tinga over Tortilla Chips</b> Refried Beans Salad Greens w/ Dressing Plantains Fresh Fruit	<b>Stromboli w/Sauce</b> Carrot Coins Fresh Veggie Sticks Pineapples Fresh Fruit
	<b>18-Dec</b>	<b>19-Dec</b>	<b>20-Dec</b>	<b>21-Dec</b>	<b>22-Dec</b>
	<b>Chicken Tender Wrap: Reg. or Spicy w/ Lettuce &amp; Tomato</b> Sugar Snap Peas Carrot Sticks Peaches Fresh Fruit	<b>Nachos Grande w/ Turkey Taco &amp; Queso over Tortilla Chips</b> Lettuce & Tomato/ Salsa Cup Ranchero Pinto Beans Pineapples Fresh Fruit	<b>Lasagna w/ Garlic Knot</b> Steamed Broccoli Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit	<b>Holiday Meal! Roast Turkey w/ Gravy &amp; Roll</b> Green Beans Mashed Potatoes Craisins/Fresh Fruit Frozen Fruit Treat	<b>Early Dismissal: PB &amp; J Sandwich w/ String Cheese &amp; Graham Crackers</b> Carrot Snack Pack Apples Baked Snack Bag
 <b>Milk</b> <b>1% and Skim White Skim Chocolate</b> <b>(Soy Milk is available for students w/dairy allergies)</b>	<b>25-Dec</b>	<b>26-Dec</b>	<b>27-Dec</b>	<b>28-Dec</b>	<b>29-Dec</b>
	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>
					
					

### The Red Knight LUNCH Meal Deal

\* Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal!

Choose **ONE** Entree:  
Daily Entree Special  
Alternate Entree

Choose up to **TWO** Sides of Fruit:  
Fresh Fruit  
Fruit Cup  
Fruit Juice (only 1 serving)

Choose up to **TWO** Veggies:  
Daily Vegetable  
Assorted Fresh Veggies

